Substance Abuse Prevention Coalition of Warren County

Meeting Minutes
Thursday, January 6th, 2022
Zoom Conference Call Meeting
9:00 AM – 10:30 AM

In attendance: Kim Dooley, Amy Ciarlo, Steve Brady, Vaniska Thomas, Barry Riley, Jennifer Landry, Julia Monnin, Judy Glenn, Vanessa Pence, Brynn Morgan, Sarah Cox, Jackie Hunter, Ann Brock, Valerie Chiefari, Megan Crouch, Roy Lutz, Matthew McLaughlin, Wendy Hyde, Akemi Horii, Emily Zimmerman, Laura Stanton, Zach McDaniel, Shelley Brown, Alice Jones, Holly Smith, John Cummings, Barbara Adams Marin, Gloria Kinney

Meeting called to order: 9:00 AM

I. Welcome/introductions – Kim Dooley

- II. Presenter Barry Riley Overview of the New Warren County Sheriff's Office and Jail Due to time constraints, the presenter this month was moved to the start of the agenda. Barry Riley went over the history of the jail and how it is now the largest mental health hospital in Warren County. The old jail/facility was at capacity, to the point that only those with felonies and violent crimes were being accepted at the jail since 2016. Some were being sent to serve their sentences at other jails outside the county. The new jail can accommodate up to 500 inmates and has the ability to have additions built for the anticipated population growth. The jail features drug and alcohol classes, batterer's classes, peer support, and provides medical intake. Barry states that an estimated 96% of inmates can be rehabilitated, especially if they receive mental health care and medication for mental illness. About 60% of inmates have diagnosed mental health problems at admission, and this does not include those with substance abuse disorders.
- III. Coalition Insights Kim Dooley Provided opportunity to review December meeting minutes that were sent out via email prior to the meeting. No changes were requested. Introduced and provided overview of executive committee. Discussed the financial report reviewed coalition expenses for year 2 of the Drug Free Communities (DFC) grant in December.
- **IV. Tobacco Prevention Committee Amy Ciarlo** Amy reported that the Interact for Health Grant wrapped up year 2 and has been extended for 6 more months.

Amy recapped meetings with Mason City Manager Eric Hansen and Police Chief Todd Carter and a recent meeting with a prominent community member in Mason. All efforts were geared toward promoting Tobacco Retail Licensing (TRL). Feedback indicates that a letter of support from local school districts in necessary before meeting with city councils on the issue. Also recommended were getting involved in the business sector by attending the Mason Deerfield

Chamber of Commerce meetings and including Deerfield Township in the discussions for passing TRL. Engaging youth is a priority, and Amy met recently with Carol Lucio, the Regional Manager for Students Against Destructive Decisions (SADD) to see how the committee can involve more youth groups.

Next meeting: Friday, January 18th at 9:30 via Zoom virtual meeting format.

V. Action Planning Committee – Kim Dooley – Kim reports that the Regal movie theatre SAPC PSAs are still playing, as she personally saw some when she went to the movies recently.

The coalition was awarded year 3 of the Drug Free Communities (DFC) grant. The CDC is moving our coalition from a 12 month funding cycle to a 9 month funding cycle in year 3 so that our funding matches the funding cycles of all other DFC grantees. The same amount of funding will be received in total, however the grant objectives and spending must be completed in 9 months vs. 12 months. This will also require the completed sustainability plan for the coalition and writing for year 4 grant funding.

Next committee meeting: January 24th at 1:30 via Zoom virtual meeting format.

VI. Teen Alliance Council Updates – Roy Lutz – Revealed new name change for the organization: ARCS is changing their name to SAFE on Main.

TAC is looking at changes in sourcing youth outside of school settings, such as faith-based youth groups.

Annual Youth Summit Speed Prevention Results: 56 high school freshman participated

- Upward trend in general acceptance of binge drinking/casual drinking youth felt drinking was not concerning if "in control."
- Relationship Abuse trending similar to past discussions around this topic. There was
 consistent messaging about control youth were able to identify what would be
 considered controlling behavior.
- Bullying youth responded that they see more bullying online versus physical bullying.
 In particular, they identify "doxing" to be a concern i.e. exposing those online for their statements/actions and political affiliations.
- Mental health peer-peer support has been most helpful during the pandemic. The support has been more online-based and more time spent online overall. The adults in their lives were not a person they felt they could go to. The respondents felt that the pandemic impacted their mental health negatively, described it as isolating. Some used the word "stunted" to describe how the pandemic affected their opportunities, goals, etc. They also felt the fighting between adults was stressful.

Next committee meeting: TBD

VII. Executive Committee Updates – Amy Ciarlo – Amy reviewed the responses to the coalition feedback survey that was administered in October 2021. At a glance, the data showed that there were specific sectors that took the survey (youth-serving, school-based service providers) and overall the current time and structure of the meetings seem to work best. Some responses on feedback wanted prevention focus on other populations, not just youth, and felt that meetings could be repetitive or a lot of "reporting out." Some responses felt that the coalition was very Lebanon centered. Amy hopes to expand on improvements and discussion around the survey in February.

Additionally, Amy revealed the new coalition website that went live at the end of December. The web address is the same: sapcwarrencounty.org

Closing: Around the room – John Cummings shared that the Mental Health Recovery Board serving Warren and Clinton Counties will be hosting a community forum on January 31 from 5:30 – 6:30.

Roy Lutz – Announced a new storybook stroll event and more being built around the community.

Holly Smith – Again announced the new name change for ARCS: SAFE (Stop the Abuse For Everyone) on Main.

Sarah Cox – Shared prevention training – 2022 Coalition Capacity Webinars

The meeting adjourned at 10:35 am.

The next SAPC meeting is Thursday, February 3rd, 2022 at 9:00 am via Zoom.